



# Try Generics Drug List

The Try Generics Drug List gives you and your doctor many choices. It also helps make sure you know when a generic could treat your health condition. The Try Generics Drug List will help you make good choices about the medications you take. It will also help you ask your doctor or pharmacist the right questions about your medication needs. The more you know, the better choices you make!

## What is the Try Generics Drug List?

It's a list of medications that have a step-therapy requirement. Step Therapy groups medications into a series of "steps" that require members to try cost-effective "First Choice" medications before more expensive "Second Choice" medications. In some cases, you can use an alternative brand-name medication without trying a First Choice medication. First Choice medications often work as well as Second Choice medications.

If none of the First Choice or alternative brand drugs are right for you, ask your doctor to call the Caremark Prior Authorization Department at 800-294-5979. On behalf of BlueCross BlueShield of South Carolina, Caremark assists in the administration of our prescription drug program. Caremark is an independent company that provides pharmacy benefits management. Your doctor can also fax requests to Caremark at 888-836-0730. If your exception request is approved, your plan will cover the Second Choice medications at your highest plan copayment. If you don't try a First Choice medication or you don't get an exception, your plan will not cover the Second Choice medications, and you will pay 100 percent of the cost for them.

We base the Try Generics Drug List on U.S. Food and Drug Administration (FDA) and manufacturer dosing guidelines, medical literature, safety, accepted medical practice, appropriate use and benefit design. The Try Generics Drug List only affects the medications your benefit plan covers. You and your doctor should make the final decision about the medications that are right for you.

## What Medications Are Included?

See the First Choice and Second Choice medications by conditions they are used to treat in the chart below. We list any alternative brand-name medications in the last column on the right.

Condition used to treat	You must try these first or your doctor must request an exception for you...	...before you can get coverage for these	Or ask your doctor about these:
	First Choice Medications	Second Choice Medications	Alternative Brand-Name Medications
Acne	benzoyl peroxide products	Atralin, Avita, Differin, Retin-A, Retin-A Micro, Tazorac, Tretin-X, Veltin, Ziana	No brand-name drugs available
Acne	immediate-release minocycline <b>AND one of the following:</b> doxycycline, erythromycin, tetracycline	Solodyn	No brand-name drugs available
Allergies	<b>ONE of the following:</b> Beconase AQ, Flonase, flunisolide nasal, fluticasone nasal (generic Flonase), Nasacort AQ, Nasonex, Omnaris, Rhinocort Aqua, Veramyst <b>AND one of the following:</b> fexofenadine (generic Allegra), fexofenadine-pseudoephedrine ext-rel (generic Allegra-D), OTC Alavert, OTC Alavert D-12, OTC Allegra, OTC Allegra-D, OTC Claritin, OTC Claritin-D, OTC Zyrtec, OTC Zyrtec-D	Singulair	No brand-name drugs available
Allergies or Hives	OTC Alavert, OTC Alavert D-12, OTC Allegra, OTC Allegra-D, OTC Claritin, OTC Claritin-D, OTC Zyrtec, OTC Zyrtec-D	Allegra, Allegra-D, Clarinex, Clarinex-D, fexofenadine (generic Allegra), fexofenadine-pseudoephedrine ext-rel (generic Allegra-D), levocetirizine (generic Xyzal), Xyzal	No brand-name drugs available
Arthritis	ibuprofen (generic Advil, Motrin), indomethacin, meloxicam (generic Mobic), naproxen (generic Anaprox, Naprelan, Naprosyn) and all other generic non-steroidal anti-inflammatory drugs (NSAIDs)	Arthrotec, Celebrex (other than 400 mg), Flector, Nalfon, Naprelan CR, Zipsor	No brand-name drugs available
Asthma	Advair, Alvesco, Asmanex, budesonide suspension (generic Pulmicort Respules), Dulera, Flovent, Pulmicort Flexhaler, QVAR, Symbicort	Singulair	No brand-name drugs available
Asthma	No generics available; try the brand-name drug, ProAir HFA	Maxair, Proventil HFA, Ventolin HFA, Xopenex HFA	ProAir HFA
Bladder Problems	oxybutynin, oxybutynin ext-rel (generic Ditropan XL), trospium (generic Sanctura)	Enablex, Gelnique, Oxytrol, Sanctura, Sanctura XR, Toviaz, Vesicare	Detrol, Detrol LA
Depression/Obsessive-Compulsive Disorder	citalopram (generic Celexa), fluoxetine (generic Prozac), fluvoxamine, paroxetine (generic Paxil), paroxetine ext-rel (generic Paxil CR), sertraline (generic Zoloft)	Luvox CR, Paxil CR, Pexeva	Lexapro

Condition used to treat	You must try these first or your doctor must request an exception for you...	...before you can get coverage for these	Or ask your doctor about these:
	First Choice Medications	Second Choice Medications	Alternative Brand-Name Medications
Eczema	amcinonide, betamethasone, clobetasol, Clobex, Cloderm, Cordran, Cutivate, Dermatop, desoximetasone, diflorasone, Diprolene, Elocon, fluocinolone, fluocinonide, fluticasone, halobetasol, Halog, hydrocortisone, Kenalog Spray, Luxiq, mometasone, Olux, prednicarbate, Temovate, Topicort, triamcinolone, Ultravate	Elidel, Protopic	No brand-name drugs available
Gout	allopurinol, probenecid	Uloric	No brand-name drugs available
Heartburn or Acid Reflux	lansoprazole (generic Prevacid), omeprazole (generic Prilosec), omeprazole-sodium bicarbonate (generic Zegerid capsules), Prevacid 24 HR OTC, Prilosec OTC, Zegerid OTC	Aciphex, Dexilant, Nexium, pantoprazole (generic Protonix), Prilosec Packets, Protonix Packets, Zegerid Packets	No brand-name drugs available
High Blood Pressure	amlodipine-benazepril (generic Lotrel), benazepril (generic Lotensin), benazepril HCTZ (generic Lotensin HCT), captopril, captopril HCTZ, enalapril (generic Vasotec), enalapril HCTZ (generic Vaseretic), fosinopril, fosinopril HCTZ, lisinopril (generic Prinivil, Zestril), lisinopril HCTZ (generic Prinzide, Zestoretic), losartan (generic Cozaar), losartan HCTZ (generic Hyzaar), moexipril (generic Univas), moexipril HCTZ (generic Uniretic), quinapril (generic Accupril), quinapril HCTZ (generic Accuretic), ramipril (generic Altace), trandolapril (generic Mavik), trandolapril-verapamil ext-rel (generic Tarka)	Atacand, Atacand HCT, Benicar, Benicar HCT, Diovan, Diovan HCT, Edarbi, Micardis, Micardis HCT, Tekturna, Tekturna HCT, Teveten, Teveten HCT	Avapro, Avalide
High Cholesterol	lovastatin (generic Mevacor), pravastatin (generic Pravachol), simvastatin (generic Zocor)	Advicor, Altoprev, Crestor (other than 20 mg, 40 mg), Lescol, Lescol XL, Livalo, Simcor, Vytorin (other than 10/80 mg)	Lipitor
High Triglycerides	fenofibrate, fenofibric acid	Antara, Fenoglide, Fibricor, Lipofen, Lofibra, Tricor, Triglide, Trilipix	No brand-name drugs available
Migraine Headaches	naratriptan (generic Amerge), sumatriptan (generic Imitrex)	Amerge, Axert, Frova, Relpax, Sumavel DosePro, Treximet, Zomig	Maxalt
Nasal Allergies	flunisolide nasal, fluticasone nasal (generic Flonase)	Beconase AQ, Flonase, Nasacort AQ, Omnaris, Rhinocort Aqua, Veramyst	Nasonex
Osteoporosis	alendronate (generic Fosamax)	Actonel, Atelvia, Boniva, Fosamax Plus D	No brand-name drugs available
Problems Sleeping	zaleplon (generic Sonata), zolpidem (generic Ambien)	Ambien, Ambien CR, Edluar, Lunesta, Rozerem, Silenor, Sonata, Zolpimist	No brand-name drugs available
Psoriasis	<b>TWO of the following:</b> Aclovate, aclometasone, amcinonide, betamethasone, clobetasol, Clobex, Cloderm, Cordran, Cutivate, Dermatop, Desonate, desonide, DesOwen, desoximetasone, diflorasone, Diprolene, Elocon, fluocinolone, fluocinonide, fluticasone, halobetasol, Halog, hydrocortisone, Kenalog Spray, Luxiq, mometasone, Olux, prednicarbate, Temovate, Topicort, triamcinolone, Ultravate, Verdeso	Tazorac	No brand-name drugs available

### Are Generic Drugs Safe?

Absolutely! Generic drugs must meet the same strict FDA manufacturing standards as brand-name drugs. The color and shape of a generic drug may be different from its brand-name counterpart, but the active ingredients are the same for both. Generic drugs become available when patents expire on brand-name drugs. They tend to cost less than brand-name drugs because the companies that make them do not have the same development costs as makers of new drugs. When you use a generic drug, you get the same quality as a brand-name drug – at a lower cost.

### Does My Plan Cover Other Drugs?

Yes! Other drugs your plan covers are listed below by the condition they're used to treat. The amount you will pay for these drugs is based on their Preferred Drug List tier. We list generics first and in *italics*. You will pay the lowest copayment or coinsurance under your plan for any generics you use. We list preferred brand-name drugs in all capital letters after the generic drugs. You will pay a higher copayment or coinsurance for any preferred brand-name drugs you use. We do not list non-preferred brand-name drugs in this brochure. You will pay the highest copayment or coinsurance for any non-preferred brand-name drugs you use.

## What is Preferred Drug List?

A Preferred Drug List (PDL) is a list of medications chosen for their clinical value and cost-effectiveness by a group of doctors and pharmacists. A PDL gives you and your doctor the freedom to choose the medication that works best for you. Tier 1 drugs (lowercase letters) are generic drugs. For the lowest out-of-pocket expense, you should always choose Tier 1 drugs if you and your doctor decide they are right for you. Tier 2 drugs are preferred brand-name drugs. Consider Tier 2 drugs if there is not a Tier 1 drug for your condition. Tier 3 drugs are non-preferred and will usually cost you more. If you are using a Tier 3 drug, talk to your doctor about using Tier 1 and 2 drugs first. **NOTE:** When a generic becomes available, most of the time the brand-name drug will automatically move to the 3rd tier. Since there may be more than one drug available for your medical condition, we urge you to use generic and preferred brand-name drugs whenever possible to help manage your prescription costs.

### ANTI-INFECTIVES ANTIBACTERIALS § CEPHALOSPORINS

*cefaclor*  
*cefdinir*  
*cephalexin*

### § ERYTHROMYCINS / MACROLIDES

*azithromycin*  
*clarithromycin*  
*clarithromycin ext-rel*  
*erythromycins*

### § FLUOROQUINOLONES

*ciprofloxacin ext-rel*  
*ciprofloxacin tablet*  
AVELOX  
CIPRO SUSPENSION  
LEVAQUIN

### § PENICILLINS

*amoxicillin*  
*amoxicillin-clavulanate*  
*dicloxacillin*  
*penicillin VK*

### § TETRACYCLINES

*doxycycline hyclate*  
*minocycline*  
*tetracycline*

### § ANTIFUNGALS

*fluconazole*  
*itraconazole*  
*terbinafine tablet*

### ANTIVIRALS

#### § HERPES AGENTS

*acyclovir*  
*valacyclovir*

#### § INFLUENZA AGENTS

*amantadine*  
*rimantadine*  
RELENZA  
TAMIFLU

### § MISCELLANEOUS

*metronidazole*  
*sulfamethoxazole-*  
*trimethoprim*

## CARDIOVASCULAR

### § ACE INHIBITORS

*fosinopril*  
*lisinopril*  
*quinapril*  
*ramipril*

### § ACE INHIBITOR / CALCIUM CHANNEL BLOCKER COMBINATIONS

*trandolapril-*  
*verapamil ext-rel*

### § ACE INHIBITOR / DIURETIC COMBINATIONS

*fosinopril-*  
*hydrochlorothiazide*  
*lisinopril-*  
*hydrochlorothiazide*  
*quinapril-*  
*hydrochlorothiazide*

### § ANGIOTENSIN II RECEPTOR ANTAGONISTS / DIURETIC COMBINATIONS

*losartan / losartan-*  
*hydrochlorothiazide*  
AVAPRO / AVALIDE

### ANGIOTENSIN II RECEPTOR ANTAGONIST/ CALCIUM CHANNEL BLOCKER COMBINATIONS AZOR

### ANGIOTENSIN II RECEPTOR ANTAGONIST/ CALCIUM CHANNEL BLOCKER / DIURETIC COMBINATIONS TRIBENZOR

### ANTILIPEMICS

#### § BILE ACID RESINS

*cholestyramine*

### CHOLESTEROL ABSORPTION INHIBITORS ZETIA

### § FIBRATES

*fenofibrate*

### § HMG-CoA REDUCTASE INHIBITORS

*pravastatin*  
*simvastatin*  
LIPITOR

### NIACINS

NIASPAN

### § BETA-BLOCKERS

*atenolol*

*carvedilol*  
*metoprolol*  
*metoprolol*  
*succinate ext-rel*  
*nadolol*  
*propranolol*  
BYSTOLIC  
COREG CR

### § CALCIUM CHANNEL BLOCKERS

*amlodipine*  
*diltiazem ext-rel*  
*nifedipine ext-rel*  
*verapamil ext-rel*

### CALCIUM CHANNEL BLOCKER / ANTILIPEMIC COMBINATIONS CADUET

### § DIGITALIS GLYCOSIDES

*digoxin*

### § DIURETICS

*furosemide*  
*hydrochlorothiazide*  
*metolazone*  
*spironolactone-*  
*hydrochlorothiazide*  
*toremide*  
*triamterene-*  
*hydrochlorothiazide*

### CENTRAL NERVOUS SYSTEM

#### ANTIDEPRESSANTS

#### § SELECTIVE SEROTONIN REUPTAKE INHIBITORS (SSRIs)

*citalopram*  
*fluoxetine*  
*paroxetine*  
*paroxetine ext-rel*  
*sertraline*  
LEXAPRO

#### § SEROTONIN NOREPINEPHRINE REUPTAKE INHIBITORS (SNRIs)<sup>1</sup>

*venlafaxine*  
*venlafaxine ext-rel caps*  
CYMBALTA  
VENLAFAXINE ER  
TABS

#### § MISCELLANEOUS AGENTS

*bupropion*  
*bupropion ext-rel*  
*mirtazapine*

### § HYPNOTICS, NONBENZODIAZEPINES

*zaleplon*  
*zolpidem*

### MIGRAINE

#### § SELECTIVE SEROTONIN AGONISTS

*naratriptan*  
*sumatriptan*  
MAXALT

## ENDOCRINE AND METABOLIC

### ANDROGENS

ANDRODERM  
ANDROGEL

### ANTIDIABETICS

#### § BIGUANIDES

*metformin*  
*metformin ext-rel*

#### § BIGUANIDE / SULFONYLUREA COMBINATIONS

*glipizide-metformin*

#### DIPEPTIDYL PEPTIDASE-4 (DPP-4) INHIBITORS

JANUVIA  
ONGLYZA

#### DIPEPTIDYL PEPTIDASE-4 (DPP-4) INHIBITOR /

#### BIGUANIDE

#### COMBINATIONS

JANUMET  
KOMBIGLYZE XR

#### INCRETIN MIMETIC AGENTS

BYETTA

### INSULINS

APIDRA  
HUMALOG  
HUMULIN  
LANTUS  
LEVEMIR  
NOVOLIN  
NOVOLOG

### INSULIN SENSITIZERS

ACTOS

### INSULIN SENSITIZER / BIGUANIDE

COMBINATIONS  
ACTOPLUS MET

### INSULIN SENSITIZER / SULFONYLUREA COMBINATIONS DUETACT

### § MEGLITINIDES

*nateglinide*  
PRANDIN

### § SULFONYLUREAS

*glimepiride*  
*glipizide*  
*glipizide ext-rel*

### SUPPLIES

ACCU-CHEK STRIPS  
AND KITS  
BD INSULIN SYRINGES  
AND NEEDLES  
ONETOUCH STRIPS  
AND KITS

### CALCIUM REGULATORS

#### § BISPSPHONATES

*alendronate*

#### § CALCITONINS

*calcitonin-salmon*  
*fortical*

#### PARATHYROID HORMONES

FORTEO

### CONTRACEPTIVES

#### § MONOPHASIC

*ethinyl estradiol-*  
*drospirenone*  
*(gianvi, ocella)*  
*ethinyl estradiol-*  
*levonorgestrel*  
*(aviane, levora)*

#### § EXTENDED CYCLE

*ethinyl estradiol-*  
*levonorgestrel*  
LOSEASONIQUE  
SEASONIQUE

#### TRANSDERMAL

ORTHO EVRA

#### VAGINAL

NUVARING

### ESTROGENS

#### § ORAL

*estradiol*  
*estropiate*  
ENJUVIA  
PREMARIN

**§ TRANSDERMAL**

*estradiol*  
VIVELLE-DOT

**§ ESTROGEN / PROGESTINS, ORAL**

*estradiol-norethindrone*  
PREMPHASE  
PREMPRO

**§ PROGESTINS, ORAL**

*medroxyprogesterone*  
PROMETRIUM

**SELECTIVE ESTROGEN RECEPTOR MODULATORS**

EVISTA

**§ THYROID SUPPLEMENTS**

*levothyroxine*

**GASTROINTESTINAL****§ H<sub>2</sub> RECEPTOR ANTAGONISTS**

*ranitidine*

**§ PROTON PUMP INHIBITORS**

*lansoprazole*  
*omeprazole*  
*omeprazole-sodium bicarbonate*  
*pantoprazole*

**GENITOURINARY****§ BENIGN PROSTATIC HYPERPLASIA**

*doxazosin*  
*finasteride*  
*tamsulosin*  
*terazosin*  
AVODART

**§ URINARY ANTISPASMODICS**

*oxybutynin*  
*oxybutynin ext-rel*  
*trospium*  
DETROL  
DETROL LA

**HEMATOLOGIC****§ ANTICOAGULANTS**

*warfarin*  
COUMADIN

**RESPIRATORY****ANAPHYLAXIS TREATMENT AGENTS**

EPIPEN  
EPIPEN JR

**§ ANTICHOLINERGICS**

SPIRIVA

**§ ANTICHOLINERGIC / BETA AGONIST COMBINATIONS**

*ipratropium-albuterol*  
*inhalation solution*  
COMBIVENT

**§ ANTIHISTAMINES, NONSEDATING**

*fexofenadine*

**§ ANTIHISTAMINE / DECONGESTANTS**

*fexofenadine-pseudoephedrine ext-rel*

**BETA AGONISTS, INHALANTS****§ SHORT ACTING**

*albuterol*  
PROAIR HFA

**LONG ACTING**

FORADIL  
SEREVENT

**§ LEUKOTRIENE RECEPTOR ANTAGONISTS**

*zafirlukast*  
SINGULAIR

**§ NASAL ANTIHISTAMINES**

*azelastine*  
ASTEPRO

**§ NASAL STEROIDS**

*flunisolide*  
*fluticasone*  
NASONEX

**STEROID / BETA AGONIST COMBINATIONS**

ADVAIR  
DULERA  
SYMBICORT

**§ STEROID INHALANTS**

*budesonide suspension*  
ASMANEX  
FLOVENT  
PULMICORT  
FLEXHALER  
QVAR

**TOPICAL DERMATOLOGY****§ ACNE**

*adapalene*  
*clindamycin solution*  
*clindamycin-benzoyl peroxide*  
*erythromycin solution*  
*erythromycin-benzoyl peroxide*  
*tretinoin*  
DUAC  
RETIN-A MICRO

**OPHTHALMIC****§ ANTIALLERGICS**

*azelastine*

**§ BETA-BLOCKERS, NONSELECTIVE**

*timolol maleate solution*  
BETIMOL

**BETA-BLOCKERS, SELECTIVE**

BETOPTIC S

**§ PROSTAGLANDINS**

*latanoprost*  
LUMIGAN  
TRAVATAN Z

**§ SYMPATHOMIMETICS**

*brimonidine*

**SYMPATHOMIMETIC / BETA-BLOCKER COMBINATIONS**

COMBIGAN

<sup>§</sup> Generics are available in this class and should be considered the first line of prescribing.

<sup>1</sup> Indicates the proposed mechanism of action, based on the American Psychiatric Association Summary of Treatment Recommendations.

The drug names listed herein are the registered and/or unregistered trademarks of third-party pharmaceutical companies. These trademarks are included herein for informational purposes only and are not intended to imply or suggest any affiliation with any such third-party pharmaceutical companies.

**What if my drug is not listed in this brochure?**

This brochure is a listing of the most commonly prescribed drugs that treat certain health conditions. If your drug is not listed, it may well be that:

1. Your drug is a generic and all generics are preferred drugs.
2. Your drug is not a preferred drug and is available at the highest copayment or coinsurance, or
3. Your drug is preferred, but is not included in this brochure.
4. There are a few drugs for which your doctor may need to request prior authorization before you fill the prescription. This is to make sure your benefit plan covers them. Visit our website for more details.
5. Your drug is available over-the-counter or is not covered by your plan. For many conditions, an over-the-counter medication may be the appropriate treatment. Talk to your doctor about over-the-counter medications. They may be a good choice for you and may cost you less.

Keep in mind this list is subject to change at any time during the year without prior notice to members or doctors. Your benefit document defines your actual benefit and may exclude coverage for certain drugs listed in this brochure. Some drugs have quantity limits on them. This means you can only receive a limited amount at one time or during a specific time period. Your pharmacist can tell you if your benefit plan puts any limits on your prescriptions.

Effective 01/01/2011  
Updated 07/01/2011

[www.SouthCarolinaBlues.com](http://www.SouthCarolinaBlues.com)