Skin cancer is the most common cancer in the United States, with 1 in 5 Americans developing some form of skin cancer in their lifetime.

There are three kinds of skin cancer, with melanoma being the rarest and most serious. Yet, melanoma is the most common form of cancer in people ages 25 to 29.

In the northern hemisphere, we are actually closer to the sun during winter months than during summer months. So the sun’s rays are actually stronger during the winter.

People who live or vacation at high altitudes are more likely to develop skin cancer because UV rays are more powerful at higher altitudes.

Up to 90% of the physical signs of aging are caused by sun damage.

Whether from natural sunlight or artificial sunlamps, UV irradiation is a known human carcinogen.

Caucasians are at the highest risk of developing skin cancer, especially men over 50.