



DIABETES IN THE U.S.



1 in 10 people have diabetes

= 30.3 million Americans

**\$245
BILLION**



Total medical costs and lost work and wages for people with diagnosed diabetes.



Risk of death for adults with diabetes is 50% higher than for adults without diabetes.



1.5 million Americans are diagnosed with diabetes every year.



In adults, Type 2 diabetes accounts for approximately 95% of all diagnosed cases of diabetes.

You can prevent or delay Type 2 diabetes.

Lose weight



Eat healthy



Be more active



Check out the Live Healthy section at www.SouthCarolinaBlues.com.



South Carolina