

# Quantity Management

July 1, 2020

**Most benefit plans include the Quantity Management program. Check your plan materials to see if this information applies to you.**

## What Is Quantity Management?

It's a quality and safety program that promotes the safe use of medications. The program limits the amount of some medications we cover. For most medications on the list, your plan will only cover a set amount within a set time frame.

We base the Quantity Management program limits on U.S. Food and Drug Administration and manufacturer dosing guidelines, medical literature, safety, accepted medical practice, appropriate use and benefit design.

## What Drugs Have Quantity Limits?

Many drugs are included in the Quantity Management program. To see if a specific drug has a quantity limit, please consult your health plan's website for an online list of covered drugs. Both the searchable and printable versions indicate that a drug has a quantity limit and provide information on what the limit is.

## What If My Doctor Says I Need More Than The Listed Quantity Limit?

Your plan will cover higher amounts of some medications when medically necessary. If your doctor thinks you need more than the amount allowed by your plan, he or she can request an override by calling **855-811-2218**.

## Do Opioids Have Quantity Limits?

Yes. Your health plan has special coverage requirements and restrictions for opioid pain medications based on guidelines developed by the U.S. Centers for Disease Control and Prevention (CDC). Opioid management

consists of daily quantity limits specific to each covered opioid drug and prior authorization requirements for certain prescribing situations. There are also limitations on the amount of opioid medication we will cover for first-time prescriptions.

## What Happens at the Pharmacy?

The pharmacist enters your prescription information into the computer system. If the drug has a limit on the covered amount, the pharmacist will fill your prescription, as long as it does not exceed the limit. If your prescription exceeds the quantity limit, you have three choices:

- Your pharmacist can reduce your prescription to the quantity your health plan covers.
- You can pay full price for all of your prescription or for the portion that exceeds the limit.
- You or your pharmacist can ask your doctor to get a quantity override if one is available.

If your plan approves the additional quantity, it will pay for your entire prescription. If your plan does not approve it, or the override is not available, you can still choose another option. You and your doctor make the final decision about the medication that is right for you.

If you submit your prescription to the home delivery (mail-service) pharmacy and (1) you do not meet the requirements for an override for an additional quantity, or (2) an override exception is not available for your drug, the pharmacy will not fill your prescription. It will return your prescription to you.

Your benefit document defines actual benefits available and may exclude coverage for certain drugs. Check your benefit information to verify coverage or view your personal benefit information on our website. The Quantity Management list may contain trademarks or registered trademarks of pharmaceutical manufacturers that are not affiliated with your health plan. The Quantity Management list may change or expand from time to time without prior notice. When we list brand-name drugs, programs may also apply to any available generic equivalents.



