

Grow Boldly

Key Facts for Women's Health



40 WEEKS

The average length of a full-term pregnancy



99 PERCENT

The survival rate if breast cancer is caught in Stage 1



400 MICROGRAMS

The recommended amount of folic acid you should get each day before and during pregnancy



2

The recommended number of years between mammograms for most women*



300

The number of extra calories you need each day while pregnant

*The exact frequency and type of screening you need may vary, depending on your personal risk factors. The prescribed approach should be based on shared decision-making between you and your doctor.



South Carolina

Learn more about women's health.
Check out our blog at www.SouthCarolinaBlues.com.

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